

## Cytoreductive Surgery Combined with Perioperative Intraperitoneal Chemotherapy for Diffuse Malignancy Peritoneal Mesothelioma

a report by

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DOI: 10.17925/OHR.2006.00.02.30



Paul H Sugarbaker, MD, FACS, FRCS is Director of Surgical Oncology at the Washington Cancer Institute. He originated the now worldwide program in cancer dissemination to peritoneal surfaces. His innovations include peritonectomy procedures and heated intra-operative intraperitoneal chemotherapy; these combined treatments now cure patients with gastrointestinal cancer previously considered incurable.

Malignant mesothelioma arises from the serosal lining of the pleural, peritoneal, and pericardial cavities.<sup>1-6</sup> It is a rare neoplasm and has been implicated to be associated with asbestos exposure.<sup>1-5</sup> The rising worldwide incidence of malignant mesothelioma is not expected to peak for another 10–20 years.<sup>5</sup> Diffuse malignant peritoneal mesothelioma (DMPM) represents one-quarter of all mesotheliomas with an annual incidence of DMPM of 300–400 cases in the US.<sup>2-3</sup> It is characterized macroscopically by thousands of whitish tumor nodules of variable size and consistency that may coalesce to form plaques or masses, or layer out to uniformly cover the entire peritoneal surface. Although association of asbestos exposure with DMPM has been observed, the pathogenesis of this disease is largely unknown.<sup>7-8</sup> In addition, DMPM has been reported following radiation therapy, mica exposure, recurrent peritonitis, and administration of thorium dioxide.<sup>9-13</sup>

A great majority of patients present with abdominal pain and distension caused by the accumulation of tumors and ascitic fluid.<sup>14</sup> Without aggressive treatments the disease is rapidly fatal.<sup>15</sup> In the past, DMPM was

In most patients DMPM remains localized within the abdominopelvic cavity throughout its course. An aggressive treatment plan to surgically eradicate gross disease combined with peri-operative intraperitoneal chemotherapy (PIC) to control residual disease has a strong locoregional treatment rationale.<sup>23-25</sup> This combined modality has been used with success in patients with pseudomyxoma peritonei and peritoneal carcinomatosis from other gastrointestinal and gynecologic malignancies.<sup>26-31</sup> Treatment of peritoneal carcinomatosis through the use of intraperitoneal chemotherapy was declared standard of practice by the National Cancer Institute, Bethesda, US after a recent phase III study in ovarian cancer.<sup>32</sup> Especially in the last five years, as the cytoreductive surgical (CRS) approach combined with PIC was expanded, the results of treatment for DMPM have dramatically improved compared with historical controls. The median survival has approached five years.<sup>14,33-49</sup>

### Assessment of Survival

The effectiveness of CRS and PIC on survival of patients with DMPM is demonstrated in *Table 2*.<sup>39,42,45,47-49</sup>

*The rising worldwide incidence of malignant mesothelioma is not expected to peak for another 10–20 years.*

treated at most cancer centers with a combination of systemic chemotherapy, palliative surgery, and, in a few patients, total abdominal radiation. However, the patients did not seem to respond to these treatments in that the median survival was approximately one year (see *Table 1*).<sup>16-22</sup> No randomized trials have been attempted but it is likely that the survival associated with these palliative treatments was little different from the natural course of the disease.

The median survival ranged from 34 to 92 months.<sup>39,42,47,48</sup> The median survival was not reached in two of the studies.<sup>45,49</sup> The one-, two-, three-, five- and seven-year survival rates varied from 60% to 88%, 60% to 77%, 43% to 65%, 29% to 59%, and 33% to 39%, respectively.<sup>39,42,45,47-49</sup> One study reported disease status in 49 patients, which showed that 29 patients had no evidence of disease; 10 patients were alive with disease; and 10 patients had died from disease.<sup>45</sup>

### Assessment of Peri-operative Outcomes

The effectiveness of CRS and PIC on peri-operative outcomes is demonstrated in *Table 3*.<sup>38,42,45,47-49</sup> The overall morbidity rate varied from 25% to 40%.<sup>38,39,42,45,47,49</sup> Hematological toxicity rate varied from 8% to 26%.<sup>38,42</sup> Blood loss was reported to be 590.<sup>38</sup> Mean operative duration ranged from 6.5 hours to 9.6 hours.<sup>38,42,49</sup> Re-operation rates for post-operative adverse events were 4–11%.<sup>38,42,49</sup> The overall mortality rates ranged from 0% to 8%.<sup>38,42,45,47-49</sup> The median and mean hospital stay were 16 days<sup>47</sup> and 22–23 days,<sup>38,49</sup> respectively.

### Discussion

DMPM represents one-third of all mesotheliomas and in the past attracted little attention.<sup>2-3</sup> Traditionally there was a historic agreement among practitioners that peritoneal malignancy was virtually untreatable and therefore considered a pre-terminal condition. The patients were managed with systemic chemotherapy and palliative surgery. However, eventually nearly all patients died from the disease as a result of intestinal obstruction and/or terminal starvation.<sup>16-22</sup> As shown in *Table 1*, the median survival in these patients prior to the year 2000 was less than one year. Recently, as shown in *Table 2*, there has been a re-examination of the peritoneal malignancy and its treatments involving CRS and PIC with a curative intent.

CRS is an important first step in the combined treatment that attempts a removal of all peritoneal tumors together with complete lysis of adhesions between the bowel loops.<sup>23</sup> This provides an optimal situation for adjuvant intra-peritoneal chemotherapy, which is given before the formation of any adhesions, allowing direct chemotherapy and tumor-cell contact, minimizing systemic toxicity.<sup>24-25</sup> Hyperthermia has been known to have direct cytotoxic effects in both a temperature- and time-dependent manner.<sup>50-51</sup> It also has been shown that a greater depth of penetration of the chemotherapy agents into the tumors is achieved;<sup>52</sup> in addition, heat synergizes the cytotoxic drugs selected for intraperitoneal use at the time of surgery.<sup>53</sup>

**Table 1: Median Survival of Diffuse Malignant Peritoneal Mesothelioma Using Traditional Treatment Modalities (Combined Pleural and Peritoneal Mesothelioma\*)**

Authors (months)	Year	No. of patients	Median survival
Chailleux et al. <sup>16</sup>	1988	111/167	10*
Antman et al. <sup>17</sup>	1988	37/180	15*
Sridhar et al. <sup>18</sup>	1992	13/50	9.5*
Markman et al. <sup>19</sup>	1992	19	9
Yates et al. <sup>20</sup>	1997	14/272	14*
Neumann et al. <sup>21</sup>	1999	74	12
Eltabbakh et al. <sup>22</sup>	1999	15	12.5

**Table 2: Results of Treatment with Cytoreductive Surgery Combined with Peri-operative Intraperitoneal Chemotherapy for Diffuse Malignant Peritoneal Mesothelioma**

Chief investigator	n	Median survival (months)	Survival rates (%)				
			1-year	2-year	3-year	5-year	7-year
Sugarbaker <sup>39</sup>	100	52	78	64	55	46	39
Alexander <sup>42</sup>	49	92	86	77	59	59	-
Deraco <sup>45</sup>	49	NA	88	74	65	57	-
Glehen <sup>47</sup>	15	36	69	58	43	29	-
Loggie <sup>48</sup>	12	34	60	60	50	33	33
Morris <sup>49</sup>	15	NA	76	63	63	-	-

NA = median survival was not reached.

Many unanswered questions remain regarding the surgical options in the management of DMPM. What can be stated with assurance is that this disease, which in the past was considered a pre-terminal condition, can now be treated with CRS and PIC with benefit in terms of long-term survival. Perhaps it is safe to suggest that this new treatment option, using combined therapy, is a new standard of care with which all other treatment options should now be compared.<sup>54</sup> However, it is also important to note that the results achieved by international experts in this field may not be replicated in routine clinical practice. In the current literature, unfortunately, there are limited data, but with increased recognition of this new treatment for DMPM, more clinical evidence will be available. ■

**Table 3: Morbidity and Mortality of Cytoreductive Surgery Combined with Peri-operative Intraperitoneal Chemotherapy for Peritoneal Mesothelioma**

Chief Investigator	n	Morbidity (%)	Hematological toxicity (%)	Blood loss(cc)	Op duration (hours)	Reoperation (%)	Mortality (%)	Hospital stay (days)
Sugarbaker <sup>38</sup>	70	36	8	590	8.0*	11	3	23*
Alexander <sup>42</sup>	49	25	26	-	6.5*	4	0	-
Deraco <sup>45</sup>	49	27	-	-	-	-	0	-
Glehen <sup>47</sup>	15	40	-	-	-	-	0	16
Loggie <sup>48</sup>	12	-	-	-	-	-	8	-
Morris <sup>49</sup>	15	36	-	-	9.6*	7	7	23*

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