

# Triple Negative Breast Cancer—Review of Current and Emerging Therapeutic Strategies

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**T**riple negative breast cancer (TNBC) is associated with a poor prognosis compared to other types of breast cancer. The classification of 'triple negative' is not one homogenous tumor type, but rather is made up of multiple molecularly and biologically diverse tumor subtypes. At present, no approved targeted therapy exists and the standard remains cytotoxic chemotherapy. The identification of TNBC subtypes has provided a basis for identifying possible targeted therapeutic options. In addition, the recognition that some TNBCs share characteristics similar to tumors arising in patients with germline BRCA mutations has led to consideration of DNA damaging agents as a potential treatment option. Multiple investigational approaches are also underway, including immune checkpoint inhibition, poly (ADP-ribose) polymerase inhibition, and androgen receptor blockage. The limited options available for systemic treatment of TNBC will hopefully expand as more is learned about the complex biology and molecular targets of this group of breast cancers. This review will discuss the biology of TNBC, current treatment options, and promising experimental strategies.

## Keywords

Triple negative, breast cancer, therapeutics

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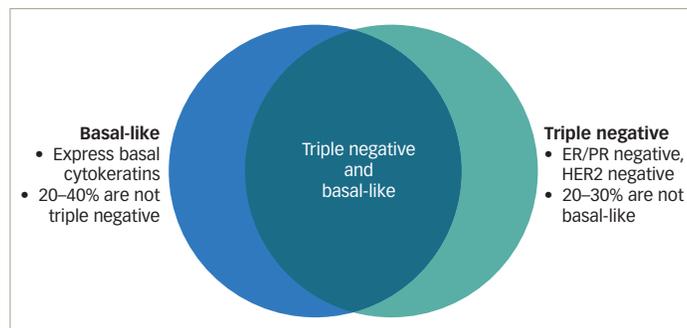
Triple negative breast cancer (TNBC) is defined by a lack of expression of estrogen receptor (ER) and progesterone receptor (PR), and a lack of overexpression or amplification of human epidermal growth factor 2 (HER2) on tumor cells. TNBC accounts for approximately 15–20% of all breast cancers diagnosed in the United States.<sup>1</sup> It is more common in African American women, younger women, and those with a germline *BRCA1* mutation. Due to lack of ER, PR, and HER2 and the significant heterogeneity among TNBC, no approved targeted therapies exist and standard treatment remains cytotoxic chemotherapy. While response rates to chemotherapy in early stage disease are high, patients remain at high risk for relapse and prognosis remains inferior to other types of breast cancer.

## Subtyping and molecular characteristics

In a seminal paper by Perou et al., gene expression profiling was used to categorize breast cancers into five molecular subtypes. The basal-like type is characterized by lack of ER, PR, and HER2 expression, expression of cytokeratins and EGFR, and a clinically more aggressive phenotype.<sup>2</sup> This subtype overlaps with TNBC but the terms are not synonymous; in fact, about one fourth of TNBCs are not basal-like by gene expression, and some non-TNBCs are basal-like by molecular profiling (see *Figure 1*).<sup>3,4</sup> As more is discovered about the biology of TNBC, it has become clear that this category of breast cancer is not one homogeneous tumor type, but rather is made up of a group of molecularly diverse tumor subtypes. These subtypes have varying gene expression profiles, clinical characteristics, and responses to treatment. In an effort to translate the heterogeneity of TNBC into rational clinical design, Lehmann and colleagues further characterized TNBC into six distinct subtypes based on molecular profiles, each with unique drivers and clinical phenotypes. These subtypes include basal-like 1 (BL1), basal-like 2 (BL2), immunomodulatory (IM), mesenchymal (M), mesenchymal stem-like (MSL), and luminal androgen receptor (LAR).<sup>5</sup> Each exhibited different sensitivities to therapeutic agents, both in cell line models and in some retrospective clinical trials. For example, the BL1 subtype responds preferentially to platinum agents and responds significantly better to neoadjuvant chemotherapy than the BL2 subtype. The mesenchymal and luminal subtypes have greater sensitivity to phosphatidylinositol 3-kinase (PI3K) pathway inhibitors, while the LAR subtype is more sensitive to androgen receptor antagonists, with a relative insensitivity to standard chemotherapy.<sup>5–9</sup>

This heterogeneity and the lack of targetable oncogenic mutations have made the development of novel strategies for TNBC difficult. Common genomic alterations in TNBC result in dysregulated cell cycle progression and resistance to apoptosis, including the loss of *TP53*, *RB1*, *BRCA1*, and *PTEN*, as well as gain of function alterations in the cyclins/cyclin-dependent kinases (*CCNE1*, *CCND1*, *CDK4*, *CDK6*) and the PI3K pathway, including PIK3CA mutations.<sup>10–12</sup> The most common of these alterations

**Figure 1: Venn diagram depicting the relationship between the triple negative immunophenotype and the basal-like molecular subtype**



ER = estrogen receptor; HER2 = human epidermal growth factor 2; PR = progesterone receptor.

is a mutation or loss of TP53, which is present in 68% of TNBCs and 80% of basal-like breast cancers in The Cancer Genome Atlas (TCGA), but is yet to have a targeted therapeutic agent.<sup>10</sup>

Further understanding of the biology of TNBC has come from the discovery that some sporadic tumors share similar characteristics with those tumors that have a germline mutation in the DNA repair gene *BRCA1*, which plays a role in DNA double-strand break repair by homologous recombination. This has led to the term ‘BRCAness,’ referring to genotypes of TNBC that are BRCA proficient but exhibit a clinical and biologic phenotype similar to those with BRCA deficiencies. There are likely alternative mechanisms leading to defects in homologous recombination in TNBCs without germline *BRCA1/2* mutations, including promoter methylation, somatic *BRCA* mutations, and altered expression of other genes, such as *TP53*, *PALB2*, *ATM*, and *HORMAD1*. This phenotype has important implications, as TNBCs that harbor defects in homologous recombination have therapeutic sensitivities similar to those with *BRCA* mutations.<sup>13</sup>

### Current management of early stage disease

Given the lack of approved targeted agents, the mainstay of treatment for TNBC is not unique and continues to be cytotoxic chemotherapy. All eligible patients with tumors over 0.5 cm in size should receive treatment with chemotherapy in either the neoadjuvant or adjuvant setting. There is no evidence favoring the use of neoadjuvant over adjuvant therapy in terms of outcome, but the neoadjuvant setting offers the advantage of having measurable disease to assess response to therapy, providing prognostic information. In addition, neoadjuvant therapy is the preferred approach for those patients who are not operable at diagnosis or who are not candidates for breast conserving therapy due to tumor size or location.

### Pathologic complete response

TNBC has a higher response rate to neoadjuvant chemotherapy compared to breast cancers that are ER positive and a similar response rate to those that are HER2 positive. Those with TNBC who achieve a pathologic complete response (pCR) have improved outcomes compared to those who have residual disease.<sup>14,15</sup> In a pooled analysis by Cortazar et al., there was an improvement in event free survival (EFS) (HR 0.24) and OS (HR 0.16) in patients with TNBC who achieved a pCR. However, pCR could not be validated as a surrogate endpoint for survival on a trial level analysis.<sup>15</sup> In the neoadjuvant CALGB 40603 study, a pCR in the breast and axilla was

associated with a 70% decrease in the risk of recurrence and an 80% decrease in the risk of death at three years.<sup>16</sup> However, despite significantly more patients with TNBC achieving a pCR than those with luminal breast cancers, those with TNBC have a higher risk of recurrence. This paradox is likely due to the poorer prognosis of patients with residual disease. Residual disease in patients with TNBC confers a worse prognosis than residual disease in those with non-TNBC, with a significantly shorter recurrence free survival, decreased overall survival, and increased likelihood of developing visceral metastases.<sup>17,18</sup>

### Choice of regimen

Similar to treatment of hormone positive or HER2 positive breast cancer, the preferred chemotherapy regimens in either the neoadjuvant or adjuvant setting contain an anthracycline and/or a taxane. The optimal regimen is not well defined and the choice of therapy ultimately depends on patient characteristics and preferences. There has been question of whether anthracyclines could be withheld in patients with HER2 negative breast cancer in the curative setting in order to avoid additional toxicity. A large pooled analysis by Gennari et al. in 2008 showed no added benefit in terms of disease-free or overall survival for the addition of an anthracycline to adjuvant chemotherapy.<sup>19</sup> In addition, in a phase III trial by Jones et al. in 2006 comparing adjuvant doxorubicin plus cyclophosphamide (AC) to docetaxel plus cyclophosphamide (TC) in all types of breast cancer, disease-free survival (DFS) favored the TC arm and established this as an effective non-anthracycline choice.<sup>20</sup> However, results recently presented at the 2016 American Society of Clinical Oncology (ASCO) annual meeting of the pooled ‘ABC trials’ (USOR 06-090, NSABP B-461/USOR 07132, and NSABP B-49) settled this question. The trials sought to evaluate whether TC was non-inferior to AC with a taxane. Results of the pooled analysis found that TC was not as effective as the regimens containing both an anthracycline and a taxane with a HR of 1.23 (p=0.04), or a 23% reduction in recurrence, favoring anthracyclines. The benefit was greatest in the HER2 negative, ER negative patients, with a HR of 1.42.<sup>21</sup> While increased risk of heart failure and secondary leukemia should be discussed with patients, anthracyclines should not be withheld unless clinically necessary, and TC should not be considered an equivalent regimen in patients with TNBC.

### Role of additional agents

Improving upon the anthracycline and taxane backbone has proven to be difficult. Despite initial promise for antiangiogenic therapy in breast cancer, phase III trials of the addition of the vascular endothelial growth factor (VEGF) inhibitor bevacizumab to adjuvant chemotherapy in TNBC failed to show improvement in disease-free or overall survival.<sup>22</sup> In addition, the role of the addition of the antimetabolites capecitabine and gemcitabine remains unclear, with mixed results. Recently reported long-term outcomes from the FinXX trial of adjuvant capecitabine added to docetaxel, epirubicin, and cyclophosphamide showed no significant improvements in recurrence-free survival (RFS) or OS. While the subgroup analysis did show improvement for TNBC (RFS HR 0.54, OS HR 0.55), these results should be interpreted with caution given the small sample size. The US Oncology group trial 01062 also failed to show a DFS benefit when capecitabine was added to an anthracycline and taxane backbone.<sup>23</sup> Furthermore, the addition of gemcitabine also did not improve outcomes in the NSABP B-38 study when added to adjuvant chemotherapy.<sup>24</sup> In the Japanese CREATE-X trial, adjuvant capecitabine alone did improve DFS and OS in patients with HER2 negative disease who did not achieve a pCR after neoadjuvant anthracycline and taxane therapy, with the

most impressive benefit being for patients with TNBC.<sup>25</sup> The results are hypothesis-generating, and while capecitabine may be beneficial for a highly selective patient population, its role in early TNBC requires further study before routine clinical use.

### Role of platinum agents

Similar to TNBCs arising in patients with germline BRCA mutations, many sporadic TNBCs also harbor defects in aspects of DNA repair, such as homologous recombination.<sup>26</sup> Preclinical work has shown that BRCA1 deficiency predisposes tumors to be sensitive to platinum chemotherapy agents because the ability to repair DNA crosslinks created by platinum agents requires homologous recombination. Several neoadjuvant clinical trials have shown sensitivity to single agent platinum therapy,<sup>27,28</sup> as well as increased pathologic complete response rates following neoadjuvant chemotherapy containing platinum agents.<sup>26,29</sup> The largest of these is the CALGB 40603 study, in which 443 patients with stage II-III TNBC receiving a backbone of weekly paclitaxel for 12 weeks followed by dose-dense AC were randomized to also receive carboplatin, bevacizumab, or the combination of carboplatin and bevacizumab in a 2 x 2 design. The addition of carboplatin resulted in an improved pCR rate of 54%, compared to 41% in the control group (OR 1.7). In the German GeparSixto study, 315 TNBC patients received paclitaxel with liposomal doxorubicin and bevacizumab with or without carboplatin. The addition of carboplatin resulted in an improvement in pCR from 37% to 53% (OR 1.94). The question of whether the increased pCR rates translate to an improvement in outcome remains unclear. In the GeparSixto study, the addition of carboplatin improved three-year DFS from 76.1% to 85.8% (HR 0.56); however, in the CALGB 40603 study, the improvement in EFS was less impressive and not significant (71.6% to 76.5%, HR 0.84).<sup>16,30</sup> This difference may be due to the fact that neither trial was powered for these survival endpoints. The GeparSixto study contained more node negative patients, used a non-standard regimen, and used weekly carboplatin, rather than the every-three-week dosing used in CALGB 40603. In addition, it is important to note that toxicity is not trivial for the addition of carboplatin. Patients in the carboplatin arm of CALGB 40603 were more likely to have dose delays, miss treatments, or stop treatment early.

The ultimate benefit, most appropriate regimen, and optimal dosing schedule for integration of platinum remains unknown, and we will await the results of ongoing clinical trials. The NRG-BR003 trial (NCT02488967) will evaluate the addition of carboplatin every three weeks to adjuvant AC followed by paclitaxel. ECOG-ACRIN 1131 (NCT02445391) will randomize patients with residual basal-like disease following neoadjuvant chemotherapy to either a platinum agent or capecitabine.

### Current management of metastatic disease

The risk for distant recurrence of TNBC peaks at approximately three years, then rapidly declines.<sup>31</sup> TNBC commonly recurs with visceral metastases in the lung and liver, with about 15% of TNBC patients developing brain metastases.<sup>1</sup> There is no current standard for the management of TNBC in the metastatic setting, and treatment continues to be a choice between cytotoxic chemotherapies depending on the specific patient. Given that the goal is palliation, individualized discussion with patients and consideration of the side effects or dosing schedules that will affect quality of life is essential. Few studies have focused on the TNBC subset alone in the metastatic setting, and the majority of data discussed here are not specific to triple negative disease.

Notably, there is no improvement in survival outcomes when chemotherapy agents are used in combination, compared to sequential use of single agents.<sup>32</sup> However, for the highly selective patient who is deemed clinically to need a rapid tumor response to therapy in a short amount of time, combination therapy is reasonable. For patients who relapse later after primary therapy or present with de novo metastatic disease, it is reasonable to initiate therapy with a taxane. While docetaxel was shown in a randomized trial to have significant improvement in survival compared to every-three-week paclitaxel in the metastatic setting, docetaxel is associated with higher rates of toxicity, including myelosuppression.<sup>33</sup> In addition, the preferred dosing of paclitaxel with weekly administration has never been compared to docetaxel in the metastatic setting. Docetaxel undergoes hepatic metabolism and therefore may not be a drug of choice for patients with significant liver tumor burden. Albumin bound nab-paclitaxel has the advantage of not requiring steroid pre-medication due to a decreased risk of allergic reaction with this formulation. However, in the randomized study CALGB 40502, there was no difference in outcome between weekly paclitaxel compared to weekly nab-paclitaxel used in the firstline setting, with more neuropathy and myelosuppression seen in the nab-paclitaxel arm.<sup>34</sup> This study also included an arm with the non-taxane tubulin polymerizer ixabepilone, which proved inferior to paclitaxel. Most patients in this study also received bevacizumab; however, similar to outcomes in early breast cancer, the addition of bevacizumab to a taxane in the metastatic setting increases response rates and PFS, with no benefit in OS.<sup>35</sup>

Other choices include the anthracyclines, with the caveat that maximum lifetime anthracycline exposure is a limiting factor in patients with prior exposure in the neoadjuvant or adjuvant setting. Other active agents include the microtubule inhibitor eribulin, the antimetabolites gemcitabine and capecitabine, and the vinca alkaloid vinorelbine. Eribulin was compared to physicians' choice in patients with pretreated metastatic breast cancer, 20% of whom had TNBC, and resulted in significant improvement in OS (13.1 versus 10.6 months, HR 0.81), with neutropenia and peripheral neuropathy being significant side effects.<sup>36</sup> This was the first study to show a benefit in pretreated patients using OS as the primary endpoint. A systematic review of capecitabine single agent therapy in patients with metastatic breast cancer and prior exposure to taxanes and anthracyclines showed a response rate of 18% and OS of 13.5 months.<sup>37</sup> Capecitabine combinations have also been evaluated in the metastatic setting, with mixed results. Despite improvements in response rates and OS seen with some combinations, including docetaxel with capecitabine, the increase in toxicity has hindered adoption into routine clinical practice.<sup>38</sup> A randomized study of eribulin versus capecitabine showed no statistical superiority of eribulin over capecitabine in PFS or OS;<sup>39</sup> however, a recently published exploratory, pre-specified subgroup analysis did show a greater survival advantage with eribulin for patients with TNBC.<sup>40</sup> Gemcitabine and vinorelbine also have activity as single agents in first line and pretreated metastatic breast cancer, with response rates of approximately 20–50%, and both are commonly used due to favorable side effect profiles.<sup>41–44</sup> Notably, gemcitabine has proven inferior to eribulin in the firstline metastatic setting.<sup>45</sup>

Similar to early-stage disease, the role of platinum agents in metastatic TNBC is promising but remains unclear. In the TNT trial of first line docetaxel versus carboplatin for metastatic TNBC, presented at the 2014 San Antonio Breast Cancer Symposium, there was no difference seen in response rates or survival.<sup>46</sup> Among the BRCA1/2 positive patients, there was a 34.7% increase in response rates and significant improvement in PFS, but this

**Table 1: Results of clinical trials using immune checkpoint inhibitors in triple negative breast cancer**

Drug	Phase	Population	Number	Results in TNBC
Pembrolizumab <sup>50</sup>	Ib	Solid tumors, including heavily pre-treated metastatic TNBC, PDL1 positive	27 patients with TNBC evaluable for efficacy	ORR 18.5% (1 CR, 4 PR), median duration of response not reached (longest 47 weeks and ongoing)
Atezolizumab <sup>51</sup>	Ia	Solid tumors, including heavily pre-treated metastatic TNBC	27 patients with TNBC evaluable for efficacy	ORR 19% (2 CR, 2 PR), median duration of response not reached (longest 84 weeks and ongoing)
Avelumab <sup>52</sup>	I	Locally advanced or metastatic breast cancer	58 patients with TNBC	ORR for all patients 4.8% (5 of 8 responses were in TNBC)
Atezolizumab plus nab-paclitaxel <sup>53</sup>	I	Metastatic TNBC	32 patients evaluable for efficacy	ORR 46% in 1st line, 22% in 2nd line, 40% in the 3rd line setting (0 CR, 4 PR)

CR = complete response; ORR = overall response rate; PR = partial response; TNBC = triple negative breast cancer.

subgroup contained only 43 patients. Overall, the majority of studies in the metastatic setting are underpowered and contain only small subsets of TNBC patients.

### Novel and targeted agents

The transcriptional heterogeneity and lack of high-frequency mutations in TNBC add to the difficulty in creating targeted therapeutics. Interestingly, this can change under the influence of chemotherapy, which can increase the frequency of PTEN, PI3K, mTOR, and amplify JAK2, CDK6, CCND1, CCND2 and CCND3.<sup>12</sup> For this subset of patients, there may be future prospects in targeted treatments.

### Immune checkpoint inhibitors

The advent of immunotherapy and further understanding of the host immune system in highly proliferative cancers has opened opportunities in the study of TNBC. There is increasing evidence surrounding the role of tumor infiltrating lymphocytes (TILs) in TNBC. TILs have been associated with increased pCR rates and improved DFS and OS in TNBC. In the adjuvant BIG 02–98 trial, a 10% increase in intratumoral or stromal lymphocytic infiltrate was associated with a 17% or 25% reduced risk of relapse, and a 27% or 17% reduced risk of death in TNBC, respectively.<sup>47</sup> This and other outcome reports are suggestive of significant involvement of the immune system.<sup>48</sup> Further research has found programmed cell death protein 1 ligand (PD-L1), which plays a role in inactivation of the host immune system, to be amplified in basal-like tumors and significantly correlated with the presence of TILs,<sup>49</sup> providing a rationale for targeting the PD1/PD-L1 axis in TNBC. Two immune checkpoint inhibitors have been studied extensively in TNBC: the anti-PD-1 antibody pembrolizumab (MK-3475), and the anti-PD-L1 antibody atezolizumab (MPDL3280A). While there has been much excitement in the area of immunotherapy for TNBC, there is a relative paucity of data. The resulted clinic trials are detailed in *Table 1*, which have shown safety and clinical activity of single agents as well as in the combination of atezolizumab with nab-paclitaxel.<sup>50–53</sup> While the PFS is short across these studies, patients who respond appear to have durable and ongoing responses. These compounds are being evaluated in larger trials in the neoadjuvant and metastatic setting. Additionally, studies of combinations of immunotherapy with chemotherapy are ongoing, including the phase III Impassion130 study of nab-paclitaxel plus atezolizumab in the first line metastatic setting (NCT02425891).

### Antibody drug conjugates

Antibody drug conjugates (ADCs), which combine monoclonal antibodies with effector molecules and allow the cancer cell to internalize the

antibody, are being studied for improved drug delivery and toxicity profile. One such ADC, glebatumumab vedotin (CDX-011 or CR011-vcMMAE), is a combination of a gpNMB-specific monoclonal antibody and cytotoxin monomethyl auristatin E (MMAE). The glycoprotein gpNMB is overexpressed in TNBC and associated with increased risk of recurrence and metastases, while MMAE serves as a potent microtubule inhibitor.<sup>54,55</sup> This ADC has been found to have enhanced activity against TNBC in early trials and is undergoing further investigation in larger trials such as EMERGE (NCT01156753) and METRIC (NCT01997333). Most recently, the ADC sacituzumab govitecan (IMMU-132), has been making headlines. This ADC is a combination of a moderately toxic drug SN-38, which is a topoisomerase I inhibitor that is the insoluble potent metabolite of irinotecan, and an anti-Trop-2 monoclonal antibody targeting a glycoprotein found in TNBC. In a phase II study, the objective response rate was 31.5% with manageable toxicity, and the drug has been granted Breakthrough Therapy Designation and Fast Track Designation by the FDA in patients with TNBC following at least two previous treatments for metastatic disease.<sup>56</sup> Phase III research is pending (NCT02574455).

### Poly-ADP polymerase inhibitors

Tumors arising in patients with BRCA1/2 mutations or those exhibiting a 'BRCAness' phenotype are characterized by deficiencies in homologous recombination DNA repair mechanisms, which has led to the evaluation of poly-ADP polymerase inhibitors (PARPi) in TNBC. PARP activation drives the synthesis of machinery involved in alternative mechanisms of DNA damage repair aside from homologous recombination. The rationale is that homologous recombination deficient cells will be reliant on PARP activation for DNA damage repair, and therefore particular sensitive to PARPi. Initial phase I and II data for BRCA- associated breast and ovarian cancers has shown promising results for PARPi as monotherapy, including veliparib, olaparib, niraparib, talazoparib, and rucaparib, with response rates ranging from 0 – 50%. There are also phase I and II studies of PARPi in combination with other agents in the metastatic setting showing efficacy in terms of response rates and clinical benefit. *Table 2* highlights trial results for those multicenter trials that provide results for the BRCA mutated breast cancer population specifically. Trials in the non-mutated BRCA population are ongoing, hoping to identify a population with similar DNA repair defects. Ongoing phase III trials in the metastatic setting are evaluating PARPi monotherapy versus other single agents in patients with BRCA1/2 mutations (BRAVO NCT01905592, EMBRACA NCT01945775, and OlympiAD NCT02000622), and the study NCT02163694 is evaluating veliparib versus placebo in combination with carboplatin and paclitaxel. In the neoadjuvant setting,

velparib in combination with carboplatin was recently found to have a pCR of 51% in patients with TNBC in the adaptive randomization trial I-SPY2, supporting further phase III study.<sup>57</sup> The OlympiA trial of one year of olaparib in the adjuvant setting for patients with germline BRCA mutations is also ongoing (NCT02032823).

### Androgen receptor blockade

The luminal androgen receptor (LAR) subtype of TNBC is characterized by chemoresistance, yet a lower risk of disease recurrence.<sup>67</sup> It was hypothesized the AR inhibition would result in antitumor activity in this subtype of TNBC, a principle that was proved in the TBCRC001 phase II trial of bicalutamide in which 26 patients with AR positive, ER negative metastatic breast cancer had a 19% clinical benefit rate.<sup>8</sup> A larger phase II trial of enzalutamide enrolling 118 patients with metastatic, AR positive TNBC showed a clinical benefit rate of 35% in evaluable patients. This study also showed that responses were better in those tumors with an androgen gene signature.<sup>68</sup> These data support identifying patients with androgen receptor positivity and encourage additional clinical trials.

### Additional therapeutic targets

An additional pathway under study in TNBC is the PI3K/AKT/mTOR signaling pathway, with basal-like breast cancers having a high frequency of activating PIK3CA mutations and loss of PTEN. Clinical trials are underway in the phase II setting with AKT and PI3K inhibitors; however, due to the frequency of mutations in many other genes responsible for apoptosis, the antitumor effect as monotherapy in TNBC is likely limited. It is theorized that PI3K pathway inhibitors may increase DNA damage, as well as downregulate BRCA1/2, and therefore further sensitize tumor cells to PARPi.<sup>13</sup> To evaluate this, a phase 1 trial of the pan-PI3K inhibitor BKM120 and olaparib is ongoing (NCT01623349). In addition, AR positive TNBCs are more likely to have PIK3CA mutations, and therefore antiandrogen plus PI3K inhibitor combinations are also being studied (NCT02457910).

Histone deacetylase (HDAC) inhibitors target heat-shock protein 90 (HSP90) that chaperones proteins like BRCA1/2. Early studies are evaluating these inhibitors in combination with chemotherapy, PARPi, and azacitidine (NCT02623751, NCT02393794, NCT01349959).

Another area of interest has been the growth factor FGFR. Pre-clinical work has shown decreased tumor growth with inhibition of FGFR in TNBCs with FGFR amplification. Several targeted agents are currently in development, and an ongoing trial is evaluating the tyrosine kinase inhibitor lucitanib in all breast cancers harboring an FGFR1 or 11q amplification (NCT02202746).

**Table 2: Results of multicenter trial data for the use of poly-ADP polymerase inhibitors in BRCA mutated, metastatic breast cancer**

Drug	Phase	Population	Notable results
Olaparib <sup>58</sup>	II	Recurrent, advanced BC with BRCA1/2 germline mutation (n=54)	ORR 41% at dose 400 mg BID, ORR 22% at dose 100 mg BID
Olaparib <sup>59</sup>	II	TNBC or ovarian cancer, randomized by BRCA status (n=26 with TNBC, n=10 with BRCA mutation)	ORR 0% in BC
Olaparib <sup>60</sup>	II	Solid tumors with germline BRCA1/2 mutation, BC patients with ≥3 lines of prior therapy (n=62 with BC)	ORR 12.9%, 47% with SD for ≥ 8 weeks in patients with BC
Olaparib plus cisplatin <sup>61</sup>	I	Metastatic cancer (n=42 with BC, 16 with BRCA mutated BC)	ORR 71% in BRCA mutated BC
Veliparib <sup>62</sup>	I	Solid tumors with germline BRCA1/2 mutation or basal-like BC (n=14 with BRCA mutated BC)	ORR 29% in BRCA mutated BC, CBR 57%
Veliparib plus carboplatin <sup>63</sup>	I	Metastatic BC with germline BRCA1/2 mutation (n=26, 70% of pts ER positive)	ORR 46% (3 CR, 9 PR), CBR 74%
Veliparib plus carboplatin <sup>64</sup>	I	Metastatic BC, TNBC or mutation in the Fanconi anemia pathway or BRCA1/2 mutation (n=44, 16 with BRCA mutation)	25% PR, 62.5% SD in BRCA mutated BC
Talazoparib <sup>65</sup>	I	Metastatic solid tumor (n=8 with BC, 6 with BRCA mutation)	ORR 33% in BRCA mutated BC
Niraparib <sup>66</sup>	I	Metastatic solid tumor (n=12 with BC, 4 with BRCA mutation)	ORR 50% in BRCA mutated BC

BC = breast cancer; CBR = clinical benefit rate; CR = complete response; ER = estrogen receptor; ORR = overall response rate; PR = partial response; SD = stable disease.

### Conclusions

TNBC represents a heterogeneous group of breast cancers. Historically, a lack of molecular targets has left cytotoxic chemotherapy as the only treatment option for controlling systemic disease. However, as advancements are made in understanding the biology of TNBC, research is underway to understand the role of additional agents, including platinum agents, immune checkpoint inhibitors, PARP inhibitors, PI3K pathway inhibitors, and others. There is hope that the notoriously poor prognosis and limited number of options for TNBC will be transformed in the future by a personalized and targeted approach to treatment. □

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